

How to Deal with Relapse, Continued Use and Continued Problems: Working Together to Promote Recovery

David Mee-Lee, M.D.

Concurrent Session 1:15 PM – 2:15 PM

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About the Presentation

Relapse, continued use and continued problems is not only common, but can be expected in addiction and mental health treatment. Assessment of relapse potential for preventive actions and assessment of poor outcomes of re-use and addiction and mental health flare-ups is critical. This session will discuss what to do that continues treatment and recovery, not just discharge the participant. It will highlight how to work together – judges, court teams, treatment providers and all stakeholders - to deal with positive drug screens and other poor outcomes. We will discuss what to do in early phases of problem-solving courts versus in later phases and other proximal and distal approaches.

Educational Objectives:

Participants will:

1. Identify key concepts about relapse, continued use and problems.
2. Review the role of incentives and sanctions in poor outcomes that threaten recovery.
3. Discuss ideas on how to improve policies and procedures, phases and programs to promote recovery in court participants.

Presenter Bio:

David Mee-Lee, M.D. is a board-certified psychiatrist, and is certified by the American Board of Addiction Medicine (ABAM). Based in Davis, California, he trains and consults both nationally and internationally. Dr. Mee-Lee is Chief Editor of the American Society of Addiction Medicine's (ASAM) Criteria for the Treatment of Addictive, Substance-Related, and Co-Occurring Conditions and is Senior Vice President of The Change Companies. He is also a Senior Fellow, Justice Programs Office (JPO) of the School of Public Affairs (SPA) at American University, Washington, DC; and co-founder of the Institute for Wellness Education. Dr. Mee-Lee has over thirty years experience in person centered treatment and program development for people with co-occurring mental health and substance use conditions.