

Risk and Need:

Implementing Multiple Tracks in Your Treatment Court Program

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ADULT DRUG COURT BEST PRACTICE STANDARDS

VOLUME I



NATIONAL ASSOCIATION OF DRUG COURT PROFESSIONALS ALEXANDRIA, VIRGINIA

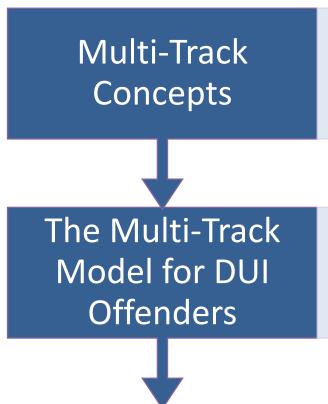


Target high-risk high-need (Biggest impact on recidivism)

What about everyone else?



Separate participants into multiple tracks



What is risk and need and why are they important?

Why multiple tracks?

How are Adult and DUI offenders different?

Do the tracks look the same for Adult and DUI offenders?

Getting it done

How to implement multiple tracks in your DUI court

Overview

What is Risk?

Risk

The likelihood that a person will get re-arrested and/or fail on probation

*Past behavior is the best predictor of future behavior

Risk:

- ≠ Dangerousness
- ≠ Crime type
- ≠ Failure to appear
- ≠ Sentence or disposition
- ≠ Custody or security classification level

Central 8

- 1. History of antisocial behavior (Criminal History)
- 2. Antisocial Attitudes
- 3. Peer Associations
- 4. Antisocial Personality
- 5. School/Employment
- 6. Substance Abuse
- 7. Living Situation
- 8. Family/Marital

Important, but STATIC

DYNAMIC

Criminogenic Needs

Clients have a variety of Criminogenic needs:

- Subset of risk factors
- Dynamic, live and changeable

Criminogenic Needs

- Needs related to criminal behavior.
- They important because:
 - They can change and therefore are viable intervention targets
 - When they change (due to intervention) recidivism will decrease



NON-Criminogenic Needs

- Needs NOT related to criminal behavior (e.g., self-esteem)
- They important because:
 - Changing them will NOT reduce recidivism
 - Some must be addressed before interventions for criminogenic needs can be effective
 - Medical Health
 - Mental Health
 - Food

What is Need?

Clinical Need:

- = Diagnosed Substance Use Disorder (Mod to Severe)
- = Diagnosed Mental Health Disorder
- = Both

Need = What level and type of drug and alcohol/mental health treatment is required for recovery?

Considerations for treatment court entry:

- Is it life threatening? (e.g., Detox, Suicide watch)
- Can they be treated safely in the community? (e.g., outpatient)

CLINICAL Needs

Substance Use

- ✓ Is also one of the Central 8 Risk factors/Criminogenic needs
- ✓ The higher the need level, the more intensive the treatment or rehabilitation services should be; and vice versa
- Mixing need levels is contraindicated

Principle

Risk Principle

Needs Principle

Responsivity Principle

Principle

Risk Principle

Match the intensity of individual's intervention to their risk of reoffending (Supervision Level)

Needs Principle

Responsivity Principle

Principle Risk Principle

Match the intensity of individual's intervention to their risk of reoffending (Supervision Level)

Needs Principle

Target criminogenic needs, such as antisocial behavior, substance abuse, antisocial attitudes, and criminogenic peers (WHAT to target)

Responsivity Principle

Principle

Risk Principle

Match the intensity of individual's intervention to their risk of reoffending (Supervision Level)

Needs Principle

Target criminogenic needs, such as antisocial behavior, substance abuse, antisocial attitudes, and criminogenic peers (WHAT to target)

Responsivity Principle

Tailor the intervention to the learning style/disability, motivation, culture, demographics, and abilities of the individual (HOW to best target)

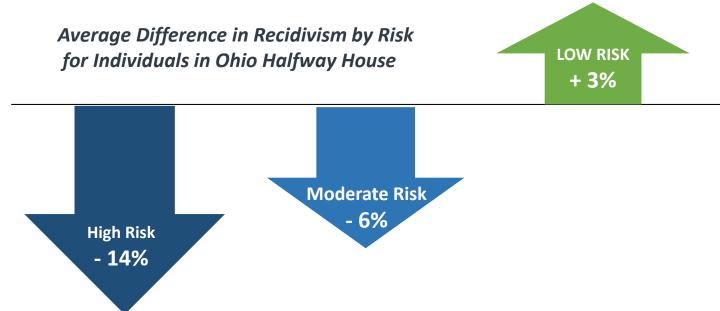
THE RNR PRINCIPLE ARGUES THAT:

Higher risk/Higher need clients warrant increased level of supervision, Case Management and intervention.

Lower risk/Lower need clients may have poorer outcomes with too much supervision, case mangement and intervention.

THE IMPORTANCE OF RISK PRINCIPLE

Failing to adhere to the risk principle can **increase** recidivism



Source: Presentation by Dr. Edward Latessa, "What Works and What Doesn't in Reducing Recidivism: Applying the Principles of Effective Intervention to Offender Reentry"

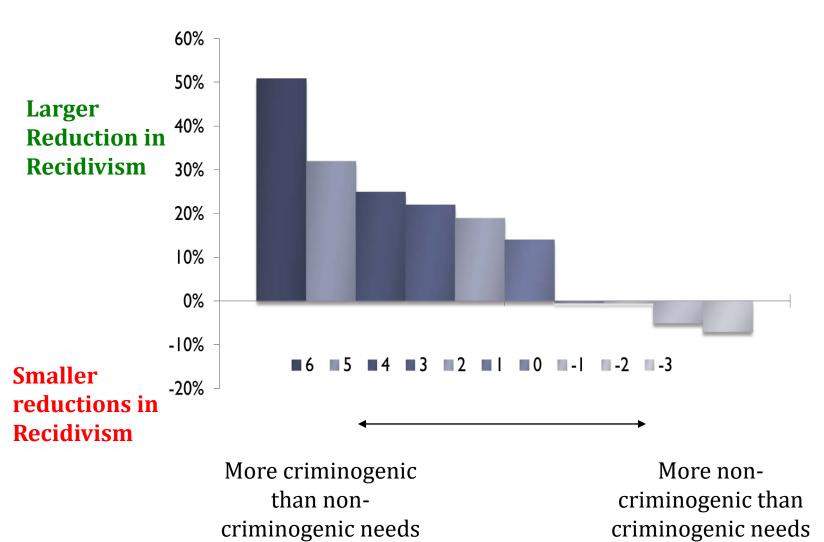
Addressing Risk Factors (Need) as Part of Behavioral Health Services

Dynamic Risk Factor (Central 8)	Need/Case management/Services	
History of antisocial behavior (Criminal History)	Build and practice positive/healthy behaviors (by intervening in the 7 below)	
Antisocial personality pattern (Check trauma history)	Learn problem solving skills, practice anger management	
Antisocial cognition	Develop more pro-social thinking	
Antisocial associates	Reduce association with criminal others (learn refusal skills)/increase time with pos peers	
Family and/or marital discord	Reduce conflict, build positive relationships	
Poor school and/or work performance	Work on good employee/study/performance skills	
Poor living situation	Find appropriate housing	
Substance abuse	Reduce use through integrated treatment	

Address Risk Factors (Need) in treatment, supervision, case management, staffing and court



NOTE: Response to sanctions did NOT vary by risk level
Incentives were more effective for higher risk



IN SUMMARY...

Focus resources on:

People most likely to reoffend and with the highest criminogenic behavioral health needs



OR

Put people in alternate tracks based on risk and need level

MULTIPLE TRACKS

High Risk

Low Risk

High Need High Risk (Q1) Track 1
Likely to be rearrested
High Need
Mod to severe MH/SUD

Low Risk (Q2) Track 2
Unlikely to be rearrested
High Need
Mode to severe MH/SUD

Low Need High Risk (Q3) Track 3
Likely to be rearrested
Low Need
Mild to no MH/SUD

Low Risk (Q4) Track 4
Unlikely to be rearrested
Low Need
Mile to no MH/SUD



WHY MULTIPLE TRACKS?

BECAUSE IT WORKS!

- Evaluation of four programs implementing all 4 tracks in Missouri
- Process, Outcome and Cost Evaluation

FOCUS GROUPS Showed qualitative differences



Q1 – HR/HN

- Complainers but more likely to say program saved them
- Called each other on their B.S.
- Probation burnout

Q2 – LR/HN

- Appreciative of the variety of services offered
- More supportive of each other

FOCUS GROUPS Showed qualitative differences



Q3 - HR/LN

- Working on criminal thinking
- Never fit in in treatment groups
- High collateral needs

Q4 - LR/LN

- Better dressed
- Frightened of court
- Scared of other people in the program

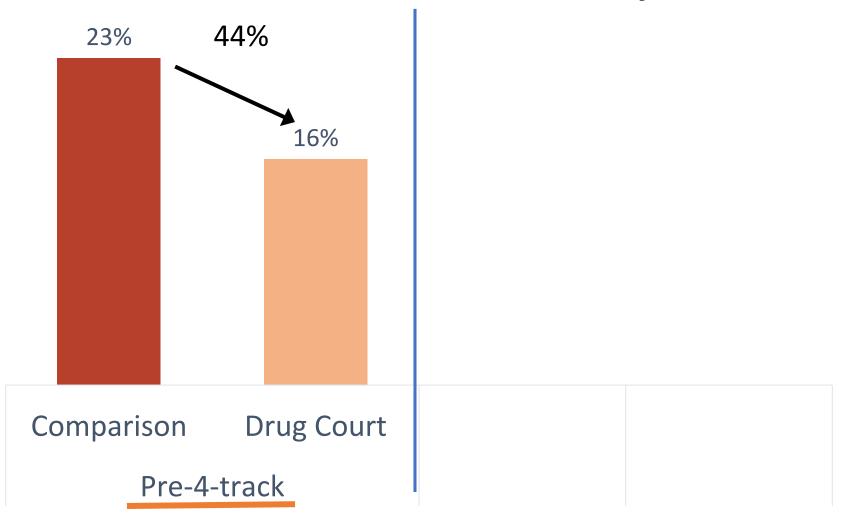
Average Cost per Participant by Quadrant

Transaction	All GCATC	Q1-HR/HN	Q2-LR/HN	Q3-HR/LN	Q4-LR/LN
Case Management Days	\$3,974	\$4,377	\$4,740	\$3,361	\$1,468
Court Appearances	\$1,699	\$1,565	\$587	\$3,570	\$186
Treatment ^b	\$8,289	\$10,120	\$9,576	\$4,541	\$1000(est.)
Drug Tests	\$956	\$865	\$1,009	\$1,103	\$1,009
Jail Sanctions	\$71	\$1,672	\$613	\$1,172	\$243
Program Fees ^c	(\$1,424)	(\$1,096)	(\$2,088)	(\$1,640)	(\$2,161)
TOTAL	\$13,565	\$17,503	\$14,437	\$12,107	\$7,701



Recidivism Outcomes 4-tracks ADC - MO

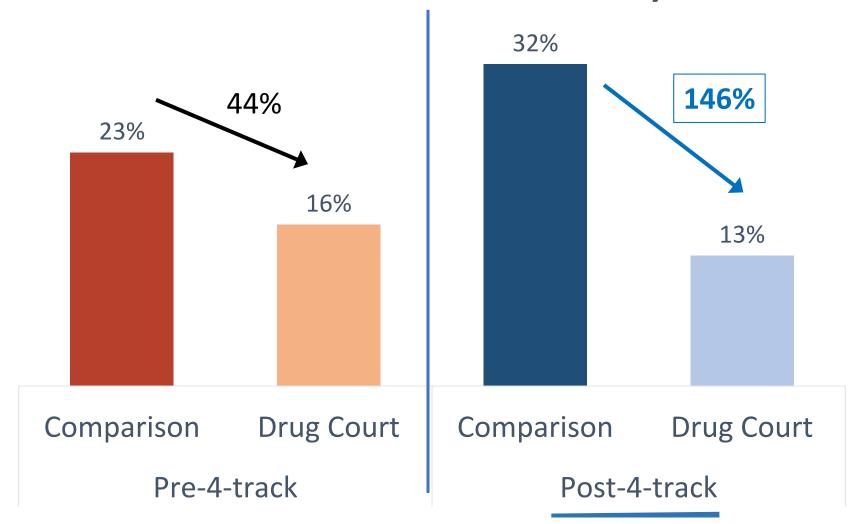






Recidivism Outcomes 4-tracks ADC - MO

Rearrests at 2 Years Post Entry





COST SAVINGS ALL 4 TRACKS







What about DWI Offendors?

How are DWI offenders different from other drug offenders?

- DWI offenders engage in behavior that is dangerous and frequently causes serious injury or fatalities.
- Every day, almost 30 people in the United States die in alcohol-related vehicle crashes—that's one person every 48 minutes.







Drunk-driving crashes claim more than 10,000 lives per year.

Deaths and damages contribute to a cost of \$44B per year.

How are DWI offenders different from drug offenders?

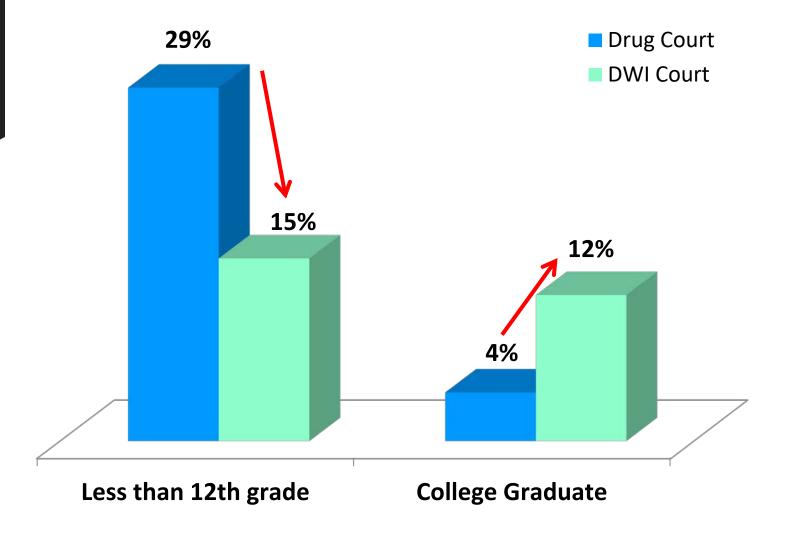
- Drinking alcohol is not illegal, is highly prevalent, and is even encouraged in many every day activities.
- DWI offenders are more likely to be high functioning in other areas of their lives. (Many alcoholics still get up every morning and go to work and take care of their children.)
- DWI offenders don't always show up as high risk on risk assessments standardized on the typical criminal justice population.

How DWI offenders different from drug offenders?

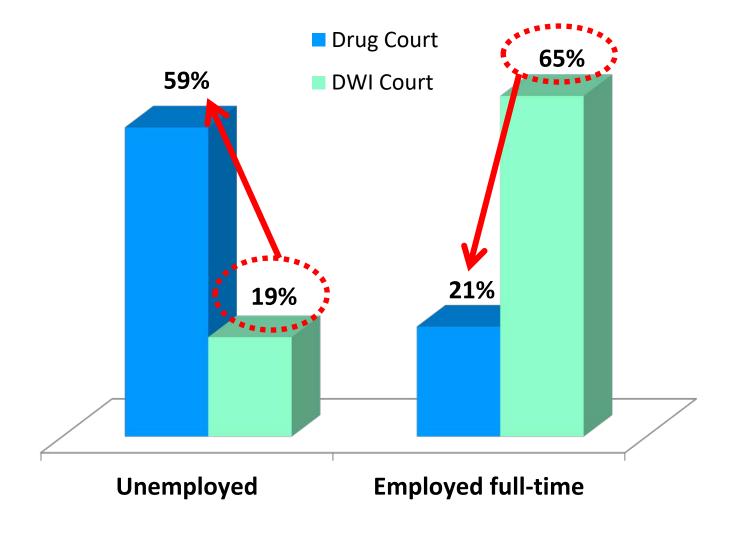
Evidence

- Statewide study in Colorado
- Compared ADC participants and DWI participants

DWI offenders are more likely to have higher education

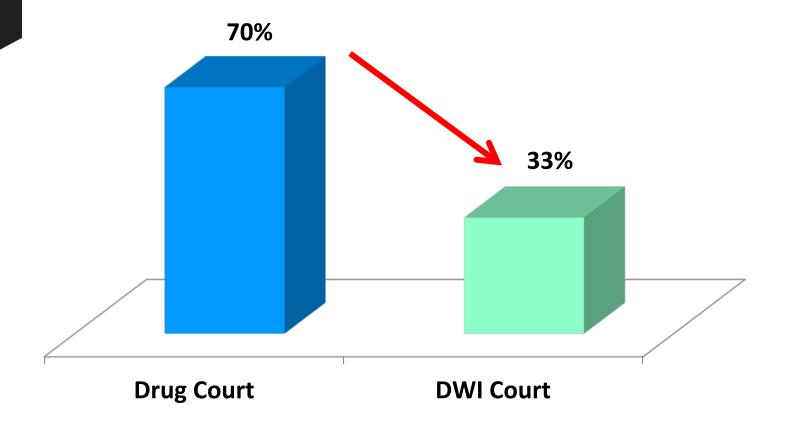


DWI offenders are more likely to be employed



DWI offenders are less likely to score as high risk

Scored at medium to high risk (LSI)



PREDICTORS OF RISK

Central 8

Risk Factors for new criminal arrest

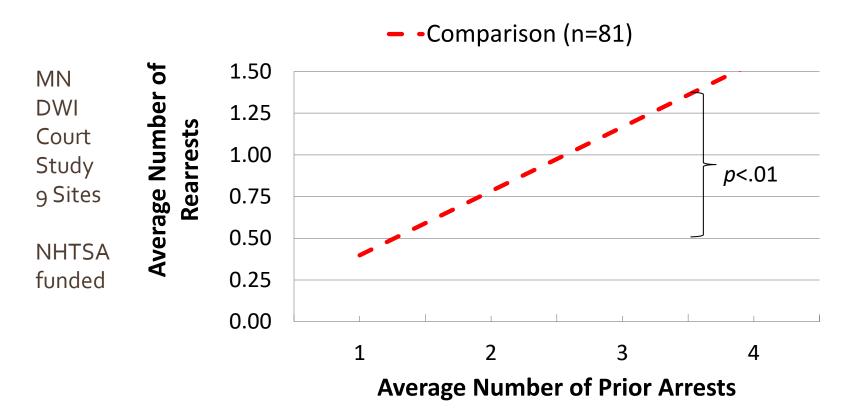
- 1. Criminal History
- 2. Antisocial Attitudes
- 3. Antisocial Personality
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- 6. Substance Abuse
- 7. Living Situation
- 8. Family/Marital

Risk Factors for new DWI

- 1. DWI History
- 2. Antisocial Attitudes
- 3. Antisocial Personality
- 4. Peer Associations
- 5. School/Employment
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- 9. BAC Level
- 10. Traffic Violations

Does Research show the Same Findings for DWI Participants as Drug Court?

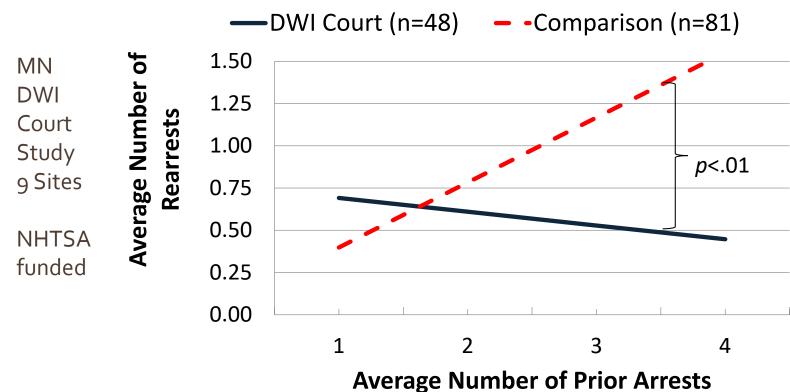
Average Number of Rearrests by Number of Prior Arrests at 2 Years





Does Research show the Same Findings for DWI Participants as Drug Court?

Average Number of Rearrests by Number of Prior Arrests at 2 Years





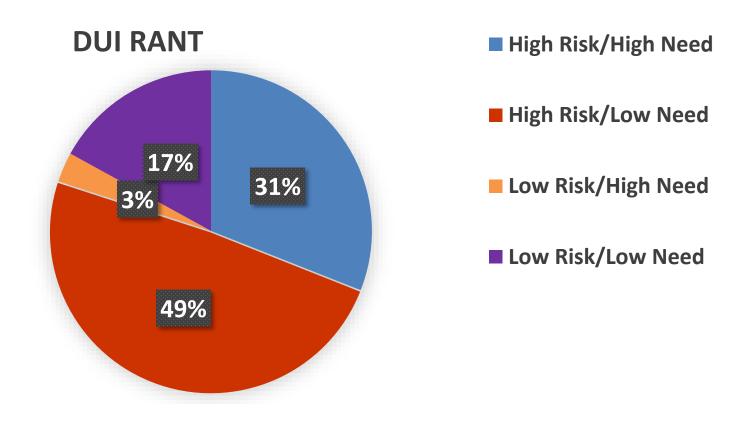






Implementing multiple tracks: San Joaquin County DUI Court Example

RANT STATS FOR REPEAT DWI OFFENDERS (N=1,133)



~80% of repeat DWI offenders were high risk for a new DWI. Require intensive monitoring for public safety

Track 1: Full Traditional DUI Court Model

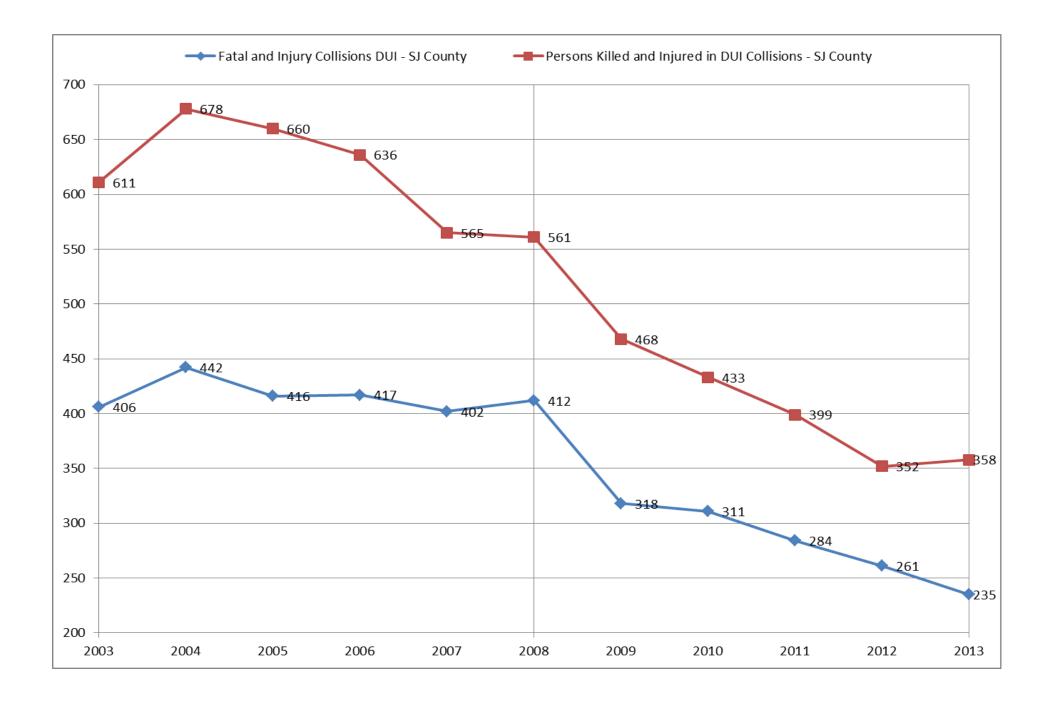
- High Risk/High Need approximately 30% of repeat DUI population
- Full assessment for risks and need and appropriate placement in supervision and treatment according to assessment results
- Regular case management appointments
- Court appearances every other week
- Immediate response to noncompliance
- Recognition for compliance

Track 2: COURT MONITORING TRACK

- Report to Case Manager verifies compliance
- Added probation conditions
- Alcohol/drug monitoring; Abstain clause;
- Court reviews scheduled for 1 mo; 6 mo;
 1 yr
- Court appearance added with noncompliance
- Immediate response to non-compliance
- Recognition for compliance
- Continued non-compliance results in participant re-assessment and move to Track 1

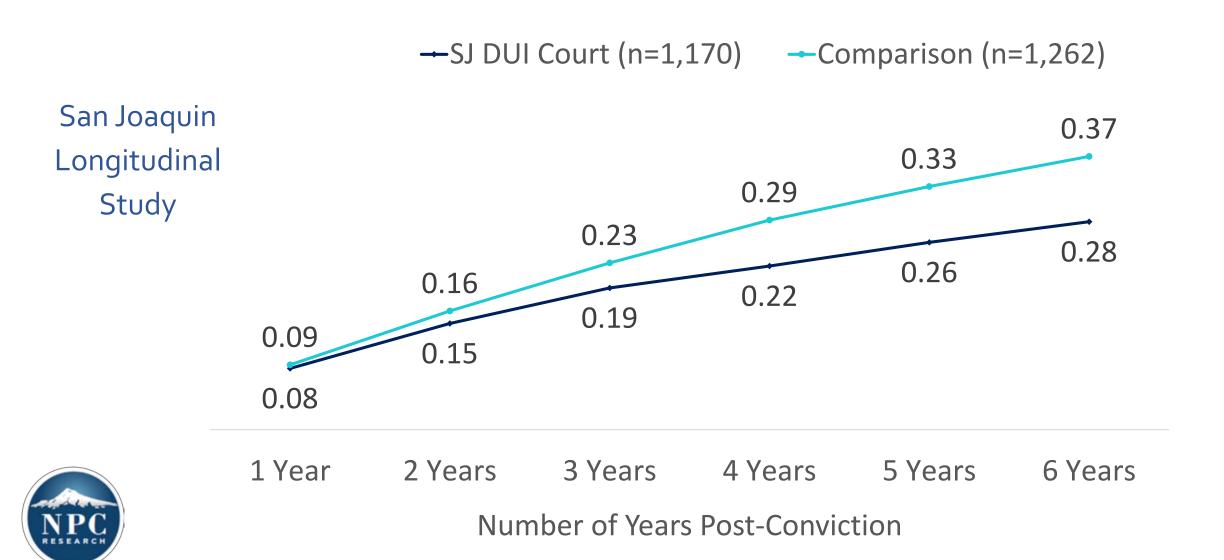
MONITORING TECHNOLOGIES

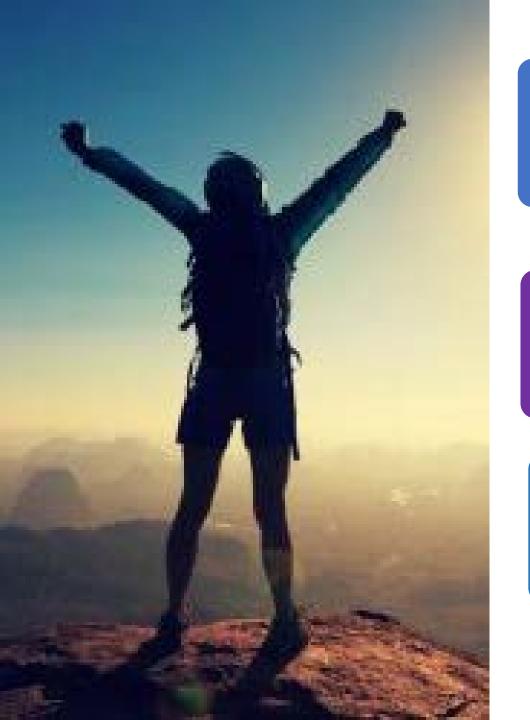
- Transdermal Monitoring (ankle bracelet)
- Ignition Interlock Device
- Remote Testing (cell phone)
- Daily Testing (24/7 program)
- Drug Testing





Average Number of New Major Drug or Alcohol DUI Convictions







DUI filings in San Joaquin went from 3,300 in 2009 to 989 in 2019



San Joaquin DUI program has decreased from a peak of around 1,000 to 276 active participants (2019).



Track 2 (monitoring track) has 70% of program participants with 29% of the costs

So, how do you do this?









JUNE 2019





For questions contact: Shannon M. Carey, Ph.D. NPC Research carey@npcresearch.com



HOW TO IMPLEMENT A MULTI-TRACK MODEL IN YOUR TREATMENT COURT

HOW-TO MANUAL



Step #1: Engage in Training and Technical Assistance

- All key team members and stakeholders should be trained in the treatment court model and multiple tracks prior to implementation.
- Training should include the traditional topic areas for the drug and DWI court model, with an additional emphasis on modifications that might occur in different tracks according to risk-need-responsivity principles.
- Training resources through NDCI and NPC Research are listed in the how-to manual



Practical Considerations in Creating tracks

How tracks are implemented varies based on program size and what services are available

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Alternate Court Sessions

- Different days of the week
- Different portions of the day/hour

Separate Therapy Groups

- Separate by risk level
- Separate by type of services needed
- Separate by agency
- Small programs may need to focus on individual sessions

Probation Officers/Case Managers

- Assigned to separately tracks
- And/or understand R/N differences

How do you know what Track to Put Them In?

SELECT APPROPRIATE
SCREENING AND
ASSESSMENT TOOLS



Me: It's not about how many times you fall, it's about how many times you get back up.

Cop: that's not how field sobriety tests work.

Appropriate Screening and Assessment Tools



- Reliable = Predicts risk consistently from person to person
- Valid = Has been tested multiple times in defined population and it is accurate *(for CJ population)
- Standardized = Has proscribed instructions for use that, if followed, have the same result with different users
- Ease of use = Instructions easy to follow, not too long to be practical
- Cost = Within acceptable price range according to resources available, some good free tools

RISK TOOLS

Traditional CJ Risk Assessments

Risk Assessment Tools (Examples) • RISK AND NEEDS TRIAGE (RANT) (SCREENING



• OHIO RISK <u>ASSESSMENT</u> SYSTEM (ORAS)

 Level of Service Case/ Management Inventory (LS/CMI)

DWI Risk Assessments

- CARS https://www.responsibility.org/end-impaireddriving/initiatives/cars-dui-assessment-project/
- RIASI
- IDA
- DUI-RANT (screen)
- (SBiRT screening for ALL DWI offenders)



PREDICTORS OF RISK

Central 8

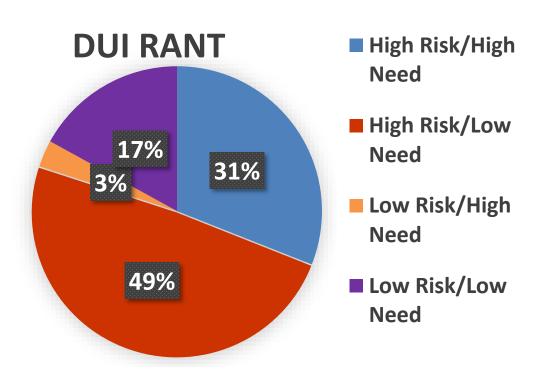
Risk Factors for new criminal arrest

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- 2. Antisocial Attitudes
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Risk Factors for new DWI

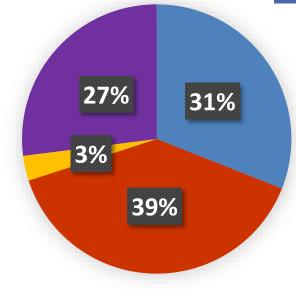
- 1. DWI History
- 2. Antisocial Attitudes
- 3. Antisocial Personality
- 4. Peer Associations
- 5. School/Employment
- 6. Substance Abuse
- 7. Living Situation
- 8. Family/Marital
- 9. BAC Level
- 10. Traffic Violations

RANT STATS FOR REPEAT DWI OFFENDERS (N=1,133)



~20% of HR/LN
for DUI
scored LR/LN on
regular
assessment





ORAS AND LS/CMI ASSESSMENT SCORE & DOMAINS

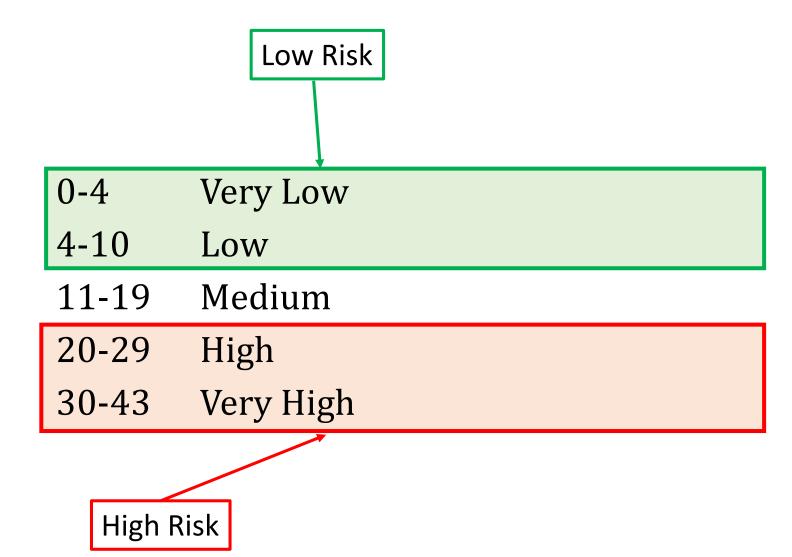
LS/CMI and ORAS Domains

- 1. Criminal History
- 2. Peer Association
- 3. Criminal Attitudes and Behavior
- 4. Education/Employment/
 Financial
- 5. Family And Social Support
- 6. Leisure? Neighborhood/ Living Sit.
- 7. Substance Use

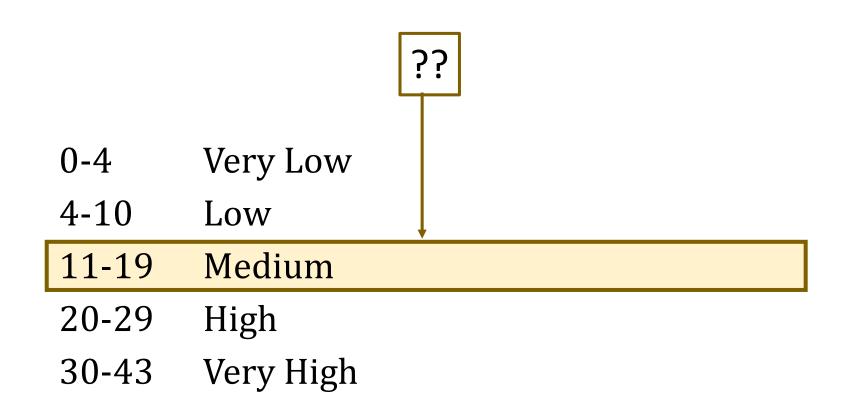
Top 8

- 1. Criminal History
- 2. Peer Associations
- 3. Antisocial Attitudes
- 4. Antisocial Personality
- 5. School/Employment
- 6. Family/Marital
- 7. Living Situation
- 8. Substance Use

EXAMPLE: LS/CMI



EXAMPLE: LS/CMI



LS-CMI SCORE & DOMAINS

LS-CMI Domains	lax Score
1. Criminal History	8
2. Peer Association	4
3. Criminal Attitudes And Behavior	4
4. Anti-social patterns/Personality	4
5. Education/Employment/Financial	4
6. Family And Social Support	4 High Risk
7. Leisure Activities/Living Sit.	2
8. Substance Use	8

11-19 Moderate/Medium

LS-CMI Score & Domains

LS-CMI Domains	Max Score
1. Criminal History	8
2. Peer Association	4
3. Criminal Attitudes And Behavior	4
4. Anti-social patterns/Personality	4 ~ Low Risk
5. Education/Employment/Financia	al 4
6. Family And Social Support	4
7. Leisure Activities/Living Sit.	2
8. Substance Use	8

11-19 Moderate/Medium

NEED TOOLS

ASSESSMENTS FOR CLINICAL NEED

✓ RISK AND NEEDS TRIAGE (RANT)



- ✓ Addiction Severity Index (ASI)
 Developed by the Treatment Research Institute
- **✓** American Society of Addiction Medicine (ASAM) Assessments

Guidelines for placement, continued stay and transfer/discharge of patients with addiction and co-occurring conditions

ASSESSMENTS FOR CLINICAL NEED

EXAMPLE: Addiction Severity Index (ASI)

Low Need

Severity ratings based on a 10 point scale (0-9):

- * **0-1** No real problem, treatment not indicated
- * 2-3 Slight problem, treatment probably not necessary
- * **4-5** Moderate problem, some treatment indicated
- * 6-7 Considerable problem, treatment necessary
- * 8-9 Extreme problem, treatment absolutely necessary

High Need

RESPONSIVITY

ASSESSMENTS FOR CLINICAL NEED - ASAM

AT A GLANCE: THE SIX DIMENSIONS OF MULTIDIMENSIONAL ASSESSMENT

Acute Intoxication and/or Withdrawal Potential DIMENSION 1 Exploring an individual's past and current experiences of substance use and withdrawal **Biomedical Conditions and Complications DIMENSION 2** Exploring an individual's health history and current physical condition **Emotional, Behavioral or Cognitive Conditions and**

DIMENSION 3

Complications

Exploring an individual's thoughts, emotions and mental health issues

ASSESSMENTS FOR CLINICAL NEED - ASAM

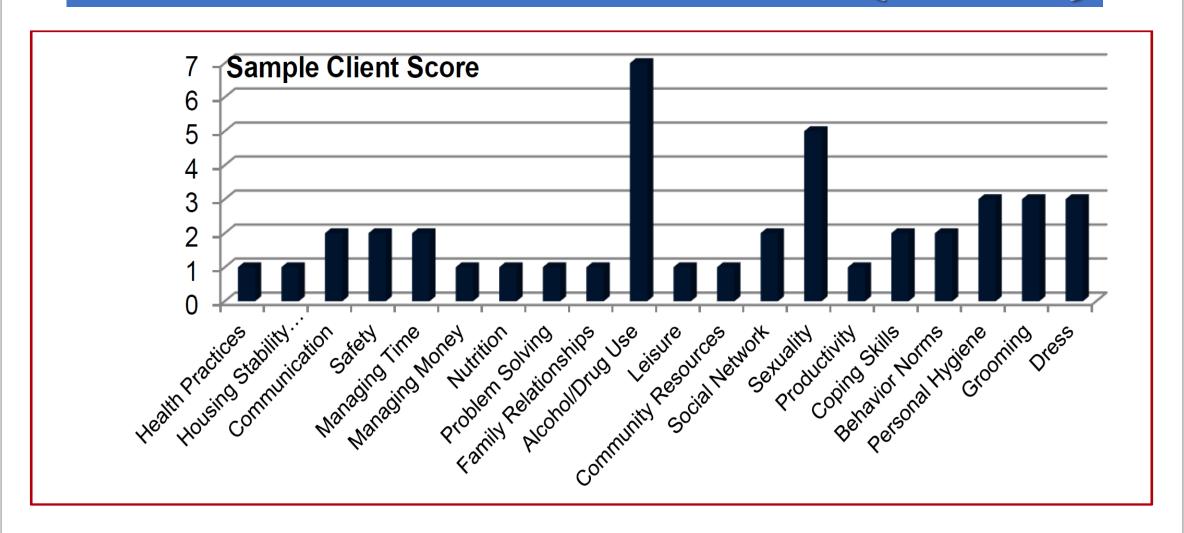
AT A GLANCE: THE SIX DIMENSIONS OF MULTIDIMENSIONAL ASSESSMENT

Readiness to Change DIMENSION 4 Exploring an individual's readiness and interest in changing Relapse, Continued Use or Continued Problem Potential DIMENSION 5 Exploring an individual's unique relationship with relapse or continued use or problems **Recovery/Living Environment** Exploring an individual's recovery or living situation and the surrounding people, places, and things

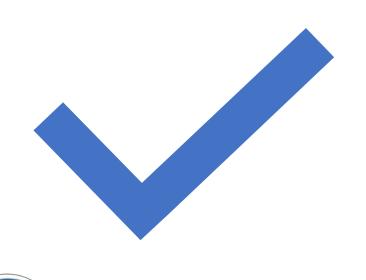
EXAMPLE: DAILY LIVING ASSESSMENT (DLA-20)

The DLA assesses their current behavior in 20 activities of daily living:
☐ Health practices
Household stability
☐ Communication
☐ Safety
Managing time
■ Nutrition
☐ Relationships
Alcohol and drug use
Sexual health and behavior
Personal care and hygiene

Example: Daily Living Assessment (DLA-20)



IDENTIFY AN INDIVIDUAL(S) TO LEAD PLANNING AND IMPLEMENTATION

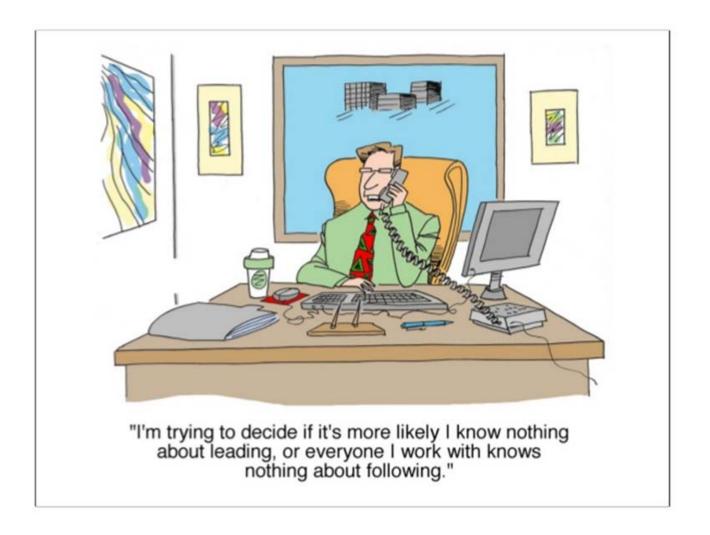


- The judicial officer is generally in a position of authority to take the lead. Depending on the jurisdiction, other stakeholders may assume this leadership role.
- The leader lends legitimacy, respect, authority, experience, and knowledge to the idea of implementing the multi-track model.
- The leader <u>must</u> understand evidence-based practices and be able to articulate the importance of such practices,
- Share the work among all team members

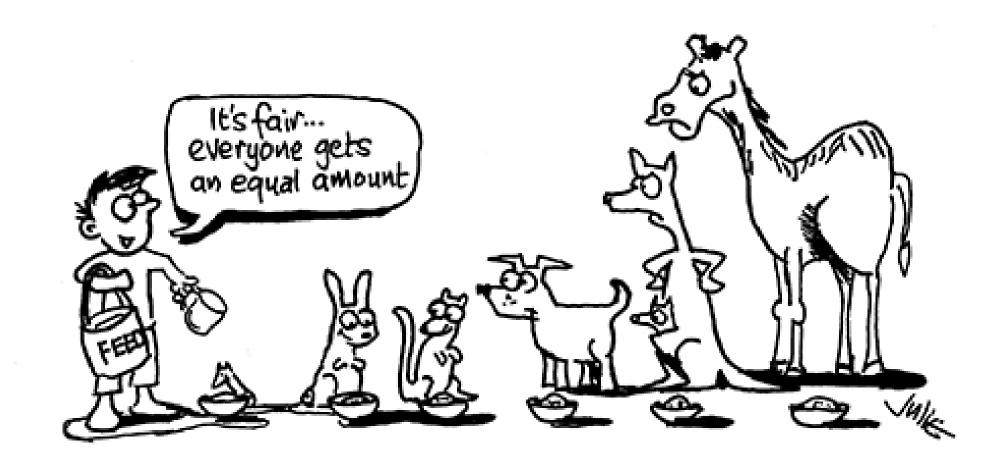
Motivate Change – HOW?



Motivate Change – HOW?



Better Justice Response Better Outcomes



Fair doesn't mean Equal

Equality doesn't mean Justice





Equality

Justice

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For more information, resources and training contact:

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Judge Richard Vlavianos rvlavianos@sjcourts.org

NDCI: Carolyn Hardin chardin@nadcp.org



AFTER

Stronger team

Energized to continue striving toward providing services that match participant needs